

FIRE UP for STEP UP

Laura Lusardi

WAPT & SPS
11/7/2020

Laura Lusardi

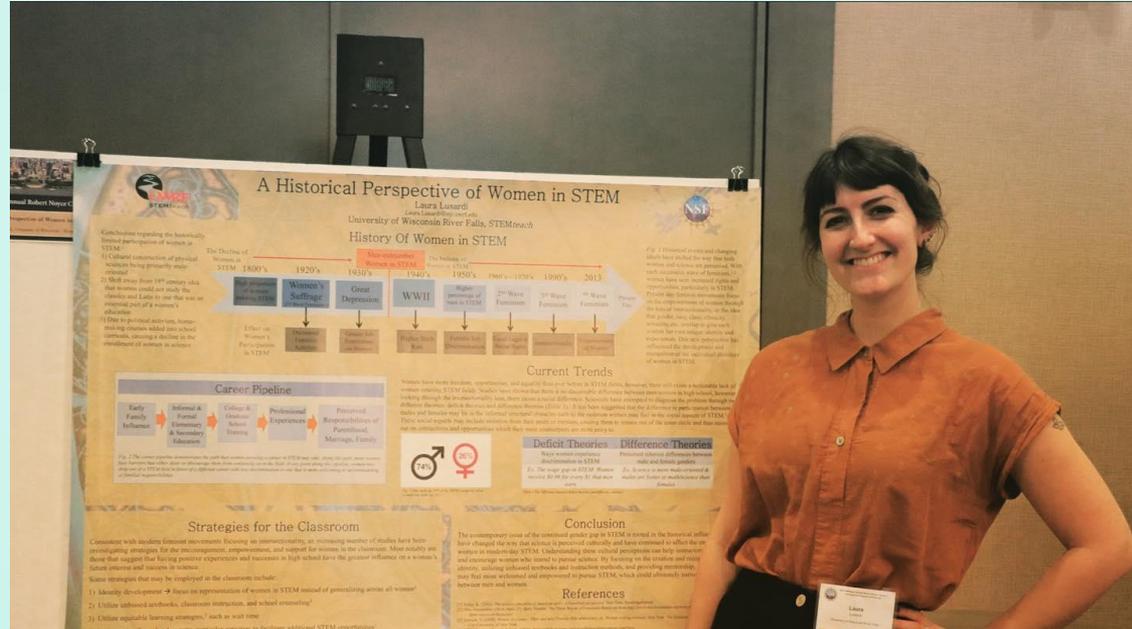
UWRF Graduate 2018

Major: Physics

**UWRF STEM*teach* Cohort V
(2019-2020)**

Licensure: Physics

**9th Grade Physics Teacher
Fridley High School**



STEP UP Ambassador, fellow physics teacher, Wisconsin school system grad (K-12 & college/grad school)

STEP UP

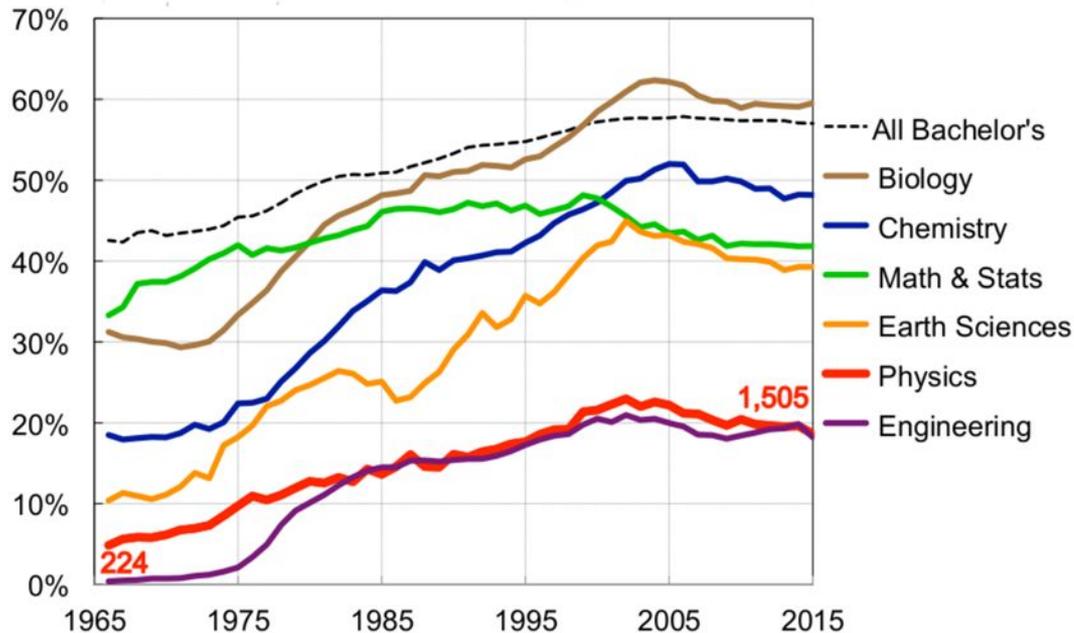


STEP UP is a national community of physics teachers, researchers, and professional societies. We design high school physics lessons to empower teachers, create cultural change, and inspire young women to pursue physics in college.

Website:

<https://engage.aps.org/stepup/home>

Percentage of Bachelor's Degrees Earned by Women/Major



- Physics/engineering have the lowest percentage of women
- To close the gender gap, we need 18,000 more women to graduate with physics degrees

STEP UP aims to help close this gap



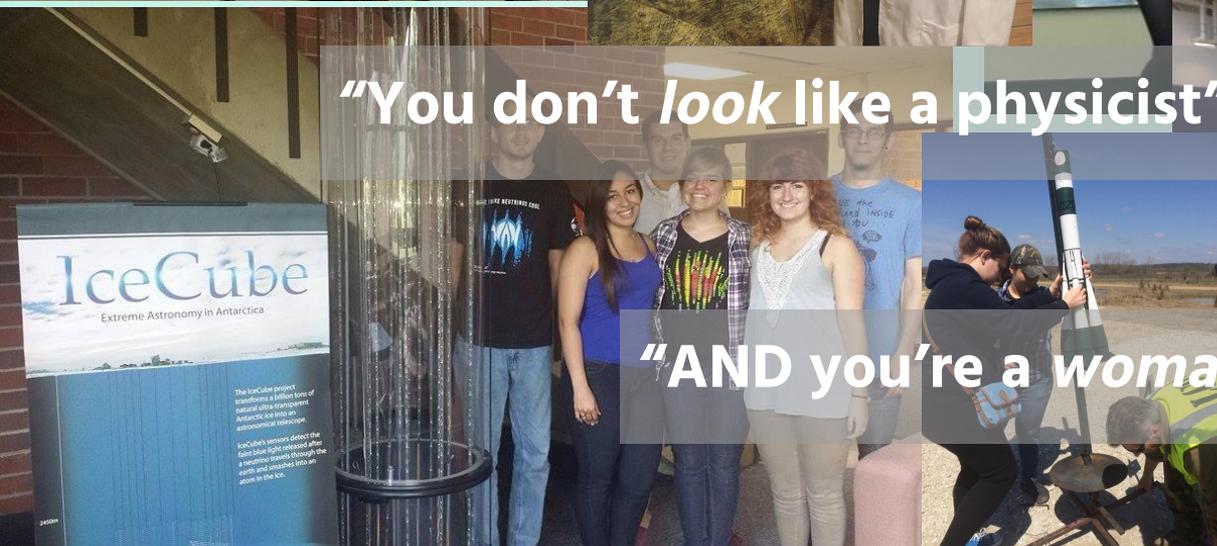
"Oh, then you're *smart*"



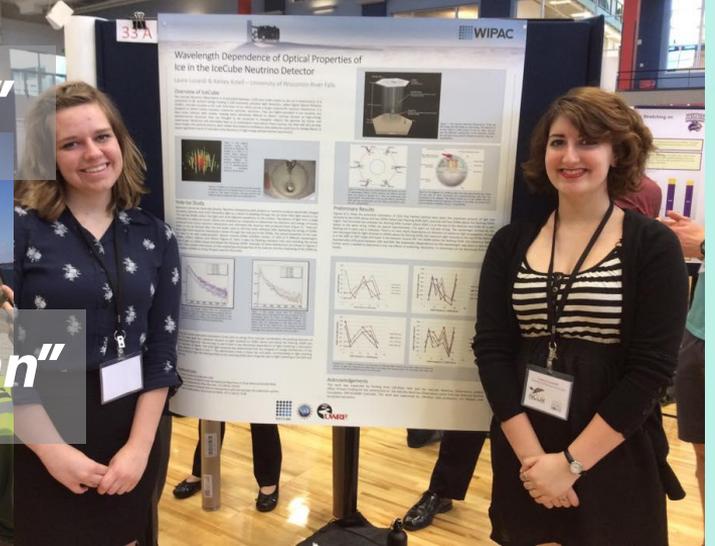
"Physics is SO hard!"



"I could *NEVER* do physics"



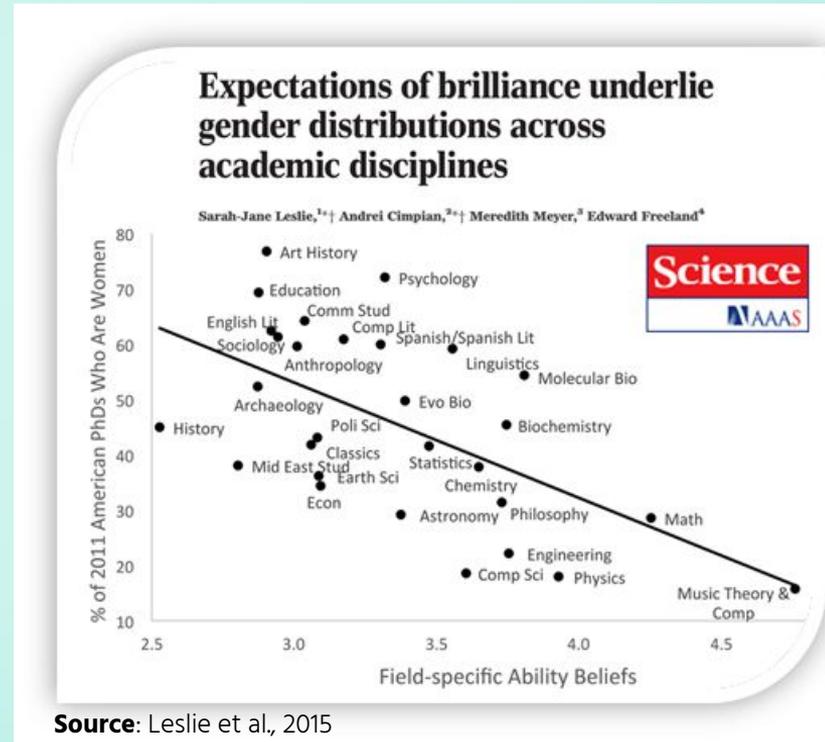
"You don't *look* like a physicist"



"AND you're a *woman*"

The Data: Academic Achievement & Bias

- Men & women achieve similar grades in high school & university physics
- Science & math achievement is nearly the same between boys & girls (varies more with country than gender)
- In U.S., girls age 6 are less likely than boys to believe that girls are 'really, really smart,' and avoid activities associated with being "really, really smart"
- The more a field is associated with intellectual ability, the lower the percentage of PhDs held by women



We need to
cultivate a shift in
thinking *before*
college.

We need our girls to believe they can do
physics as soon as possible.



Research-Based Curriculum

Lesson 1

Careers in
Physics

Lesson 2

Women in
Physics

Lesson 3

Everyday
Actions (for
teachers)

Collectively the lessons work to build confidence, establish a physics identity, increase representation of women in physics, and break down barriers for women in physics.

Lesson Features

Full presentations available (FREE)

Tips for addressing student responses



Critical Lesson Components:

Aspects of the lesson that can't be skipped (per master teachers)

Useful tips for teachers

- Questions to ask
- Ways to structure material
- **Critical lesson components**

Lesson Components

01

Intro

1 & 2: Identify stereotypes and misconceptions about physics & those who do physics

02

Activity

1. Career Matching
2. Gender Gap Data Presentation

03

Critical Component

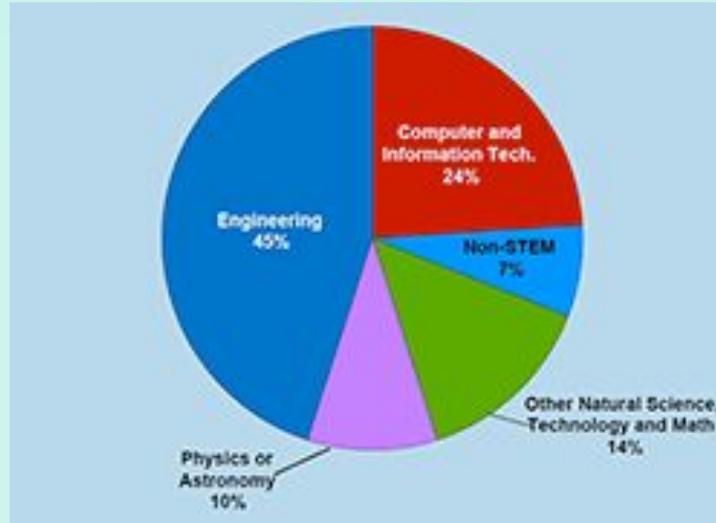
1. Students create physics career profile
2. Students share personal experiences



STEP UP Lesson 1

Careers in Physics

Overview & Purpose



- Discusses the tools, jobs, and opportunities that physics has to offer
- Focuses on the benefits to society & helping others
- Highlights surprising facts & data about the application of physics
- Helps students to envision themselves in a physics career

Virtual Example

padlet

Laura Lusardi + 18 • 1mo

(P2) What careers can you have with a physics degree?
List three (3) careers that you think physicists can have.

REMAKE SHARE

Anonymous 1mo

Zach
engineer teacher

Anonymous 1mo

King
Chemist, Biophysicist, Veterinarian

Anonymous 1mo

Gideon
doctors, teachers

Anonymous 1mo

Kyha
Teacher, Scientist, doctor

Anonymous 1mo

matt
physics teacher,
plumber, electrition

Anonymous 1mo

Faith
science
teacher
engineer

Anonymous 1mo

manyok
doctor, teacher, engineer

Anonymous 1mo

doctor, teacher, scientist

Anonymous 1mo

Salahudin
1. engineer
2. Astronomer
3. doctor

Anonymous 1mo

Prince
astrophysicists, astronomer,
teacher

Anonymous 1mo

Cartez
Doctor, Design engineer, Laser
engineer

Anonymous 1mo

Alexis
Science writer, teacher, engineer

Anonymous 1mo

Abubakr
Astronomical scientist, science
teacher,

Anonymous 1mo

a Astronomist, scientist, doctor

Anonymous 1mo

Sam
engineer
teacher
physicist

Suhaar
Suhaar

Anonymous 1mo

Ana
A physics teacher, doctor, engineer

Anonymous 1mo

Abdi

+

Career Matching

Laura Lusardi + 10 • 1mo

(P6) Physicist Career Profiles

After reading the physicist profiles with which you were matched, select one to share with the class. Follow the outline provided.

Anonymous 1mo

Anonymous 1mo

Anonymous 1mo

Anonymous 1mo

Anonymous 1mo

Navigation icons: back, home, search, plus, minus, and a series of dots indicating the current slide.

Students are matched with scientists that share the same interests & values students marked in the survey.

Scientist matches are predominantly female

Great to use at
the beginning of
the year!

Physics Career Profiles: Student Samples

Palak
Astrophysicist



Who I Am

My career is as an Astroparticle Physicist or a particle astrophysicist.

Why Physics

I want to discover the universe and how it works. I want to know how they are formed and how to figure out how they work.

Using Physics

My career is a science. Understanding physics can help me understand the universe better. I want to understand the subject that I love.

Advice For

Pay attention in class so you learn more about physics and how you can apply it to your future career. Be creative and be a hard worker. Don't give up and keep learning more.

Palak
Career: Astrophysicist
Physics: Better understanding of universe & formation of planets

Taryn
Marine Biologist



Who I Am

I am a Marine Biologist and my family values education and how you get to the job you want to pursue. I wanted to be a Marine Biologist because I have always had an affinity for the water and I love to learn more about the ocean. I have always been interested in marine life but I never knew it was a career. I am different. That's what I love about that.

Why Physics

I became interested in physics because I want to know how things work. I want to know how animals and plants work.

Using Physics

Physics can help me understand the world around me. I want to know how things work. I want to know how animals and plants work.

Advice For Students

Physics is in a lot of things and can most likely help you achieve your dream job. Even if you don't know it try to see if taking a class in physics helps you achieve your dream job.

Taryn
Career: Marine Biologist
Physics: Movement of creatures underwater

Lillie
Family Lawyer

Who I Am

My name is Lillie Franklin. I am African American and Native. I was born and raised in America, Minnesota. I think my background is important to me because I never really see any black natives at school and I think if I can be in a career like this and thrive to help the people that need me I feel like I can be successful.

Why Physics

I became interested in Physics when I found out that you need physics in order to be a lawyer. I need to earn my Physics degree and Mathematics degree because those two are my highest things in class of course I need others too but for now those are my main. I first got into physics in 8th grade, now I'm taking it in 9th grade.

Using Physics

I feel like physics is important. I use it in my life. I use it in my body. I use it in my mind. I use it in my heart. I use it in my soul. I use it in my everything.

Advice

If you want to be a lawyer, you need to be a physicist. Physics is important. It is the foundation of everything. It is the key to understanding the world. It is the key to success. It is the key to happiness. It is the key to everything.

Lillie
Career: Family Lawyer
Physics: Problem-solving skills

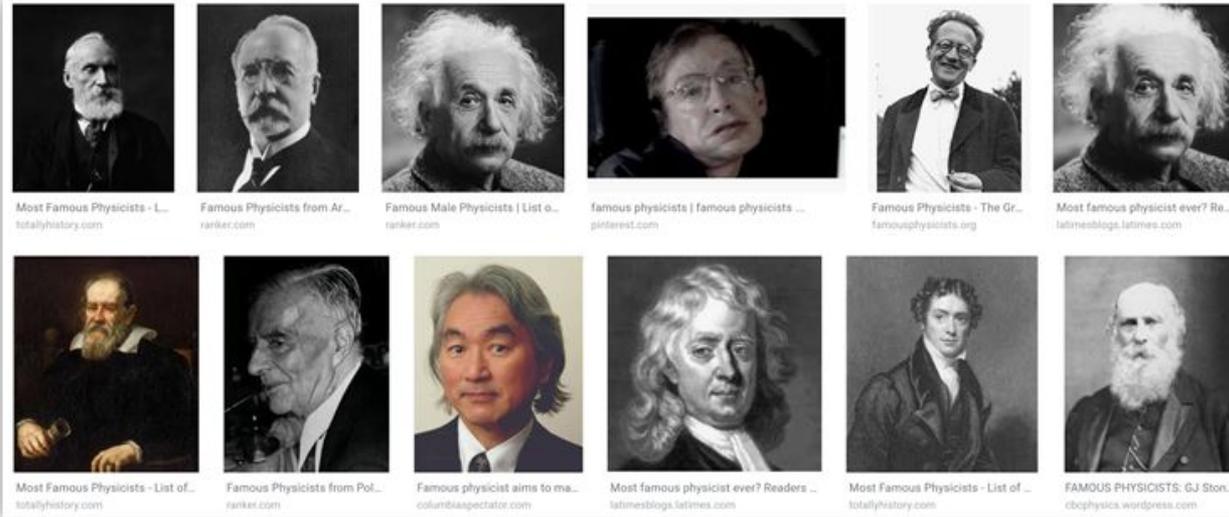
"I was extremely surprised that physics was helpful for law"

STEP UP Lesson 2

Women in Physics



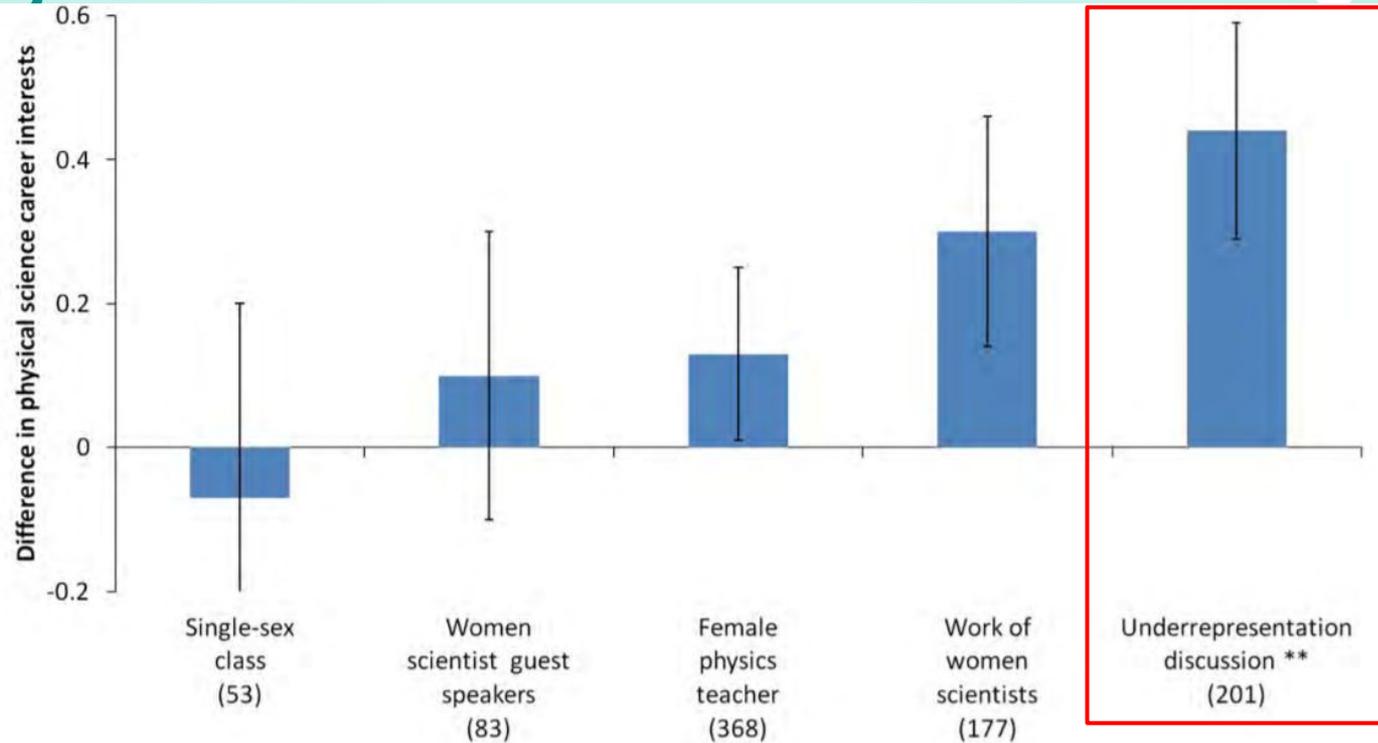
Overview & Purpose



Source: STEP UP WiP Lesson presentation - images generated from a google search of “famous physicists”

- Aims to identify stereotypes and prejudices regarding physics and who can do physics
- Introduce & discuss unconscious bias
- Highlight & discuss the research/data of women in physics
- Increase representation of women in physics

Effects of Discussing Gender in Physics

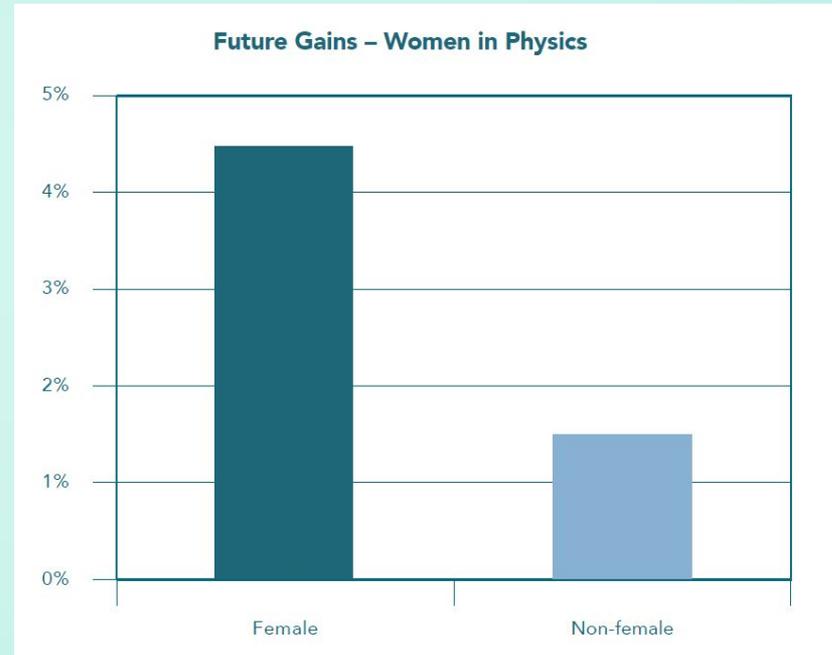
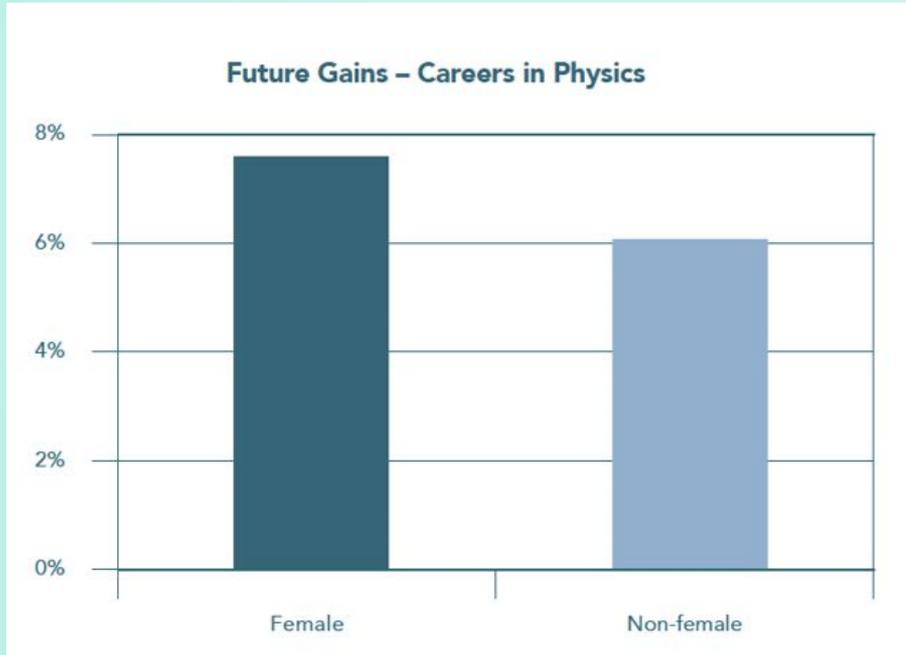


Hazari, Potvin, Lock, Lung, Sonnert, and Sadler, "Factors that affect the physical science career interest of female students: Testing five common hypotheses," PRST PER 9 020115 (2013)

All Students Benefit

Both female and non-female students benefit from these lessons by improving students' future physics intentions:

- Majoring in physics
- Pursuing physics-related careers



STEP UP Lesson 3

Everyday Actions



Overview & Purpose



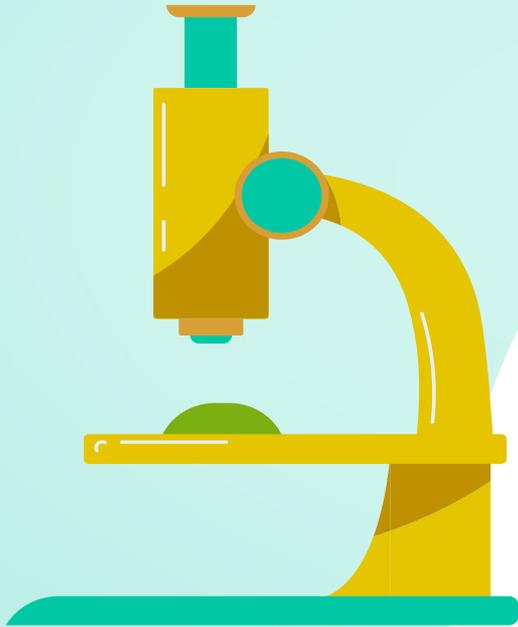
Student Story



One year my teacher recommended that I apply for a summer internship at Yale. I didn't get the internship, but it was encouraging to me that he thought I was good enough to be competitive."

- Tools for teachers to implement in their classrooms every day to encourage more young women to pursue physics
- Questionnaire to self-evaluate actions you take in/out of the classroom to promote equity
- Example scenarios between teachers, students, and other staff and how to have discussions about opportunities in physics

Self-Questionnaire About Classroom Interactions



5 Different Action Areas:

- Talking to students individually
- Facilitating group work/labs
- Addressing the whole class
- Considering planning & assessing
- Actions outside of the classroom

Everyday Actions Examples

- 
1. Direct students toward clubs, camps, internships, etc.
 2. Connect with students about interests & values

Individual Interactions

- 
1. Avoid isolating women in predominantly male groups
 2. Teach collaboration skills during/prior to group activities

Group Work & Labs

- 
1. Incorporate real world physics examples
 2. Allow second chances for high stakes assessments

Planning & Assessing

- 
1. Encourage other teachers/staff (counselors) to recommend physics to female students
 2. Provide parents with information about job opportunities in physics

Outside the Classroom



STEP UP Website

Curriculum Materials

Under the Curriculum tab, you can find the three STEP UP lessons

- Lessons are free to download & use

Curriculum

Are you new to STEP UP? Register here:

[I want to be a STEP UP teacher! ▶](#)

Lesson Materials

Want more information about the STEP UP materials? Download the free materials below.

We'd also love to hear from you if you've done the lessons and provide a Certificate of Completion! See our [Contact page](#).

[Download the Complete Set ▶](#)

CAREERS IN PHYSICS

WOMEN IN PHYSICS

EVERYDAY ACTIONS

Click above for more information on each of our materials:

Get Involved

- Ambassadors
- Support
- Student outreach

Curriculum

- Lesson materials

About

- Program overview
- Resources
- Project leadership
- Contact
- Donate
- Frequently asked questions
- Research and publications

STEP UP Community

Optional: Sign-up (free)

- Access to STEP UP community (2.4K+ members)
- Virtual lesson adaptatio
- Additional resources
- Discussions
- Events

The screenshot shows the STEP UP Community website. At the top is a dark teal navigation bar with links for Home, Get Involved, Curriculum, About, Community, and Profile. A search bar is on the right. Below the navigation bar, the main content area features the 'STEP UP' logo and a 'Community Navigator' section with buttons for Community Home, Discussion (226), Library (14), Events (3), and Members (2.4K). The 'Latest Discussion Posts' section includes a 'Start New' button and a 'WELCOME THREAD' post by Anne Kornahrens, 9 months ago. The 'Announcements' section features a 'STEP UP Community' announcement by Anne Kornahrens, 7 months ago, with a list of instructions for new members and a link to the FAQ. A second post, 'Opportunities for Teachers' by Annelise Roti Roti, is partially visible below the welcome thread.

Summary

STEP UP aims to provide students (and teachers) with the tools to be:

- Prepared
- Empowered
- Inspired
- Resilient

... in their future careers, physics or not.

If every physics teacher encourages one female to pursue physics in college, there would be no gender gap in physics.

THANKS

Do you have any questions?

lauralusardi.24@gmail.com

715-410-7323

STEP UP Website:

<https://engage.aps.org/stepup/home>

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Resources

APS and IPEDS Completion Survey, www.aps.org/programs/education/statistics/womenmajors.cfm

Leslie, S. J., Cimpian, A., Meyer, M., & Freeland, E. (2015). Expectations of brilliance underlie gender distributions across academic disciplines. *Science*, 347(6219), 262-265.

STEP UP: <https://engage.aps.org/stepup/home>

Tesfaye, C.L., & Mulvey, P. (2012). Physics Bachelor's Initial Employment. American Institute of Physics (AIP) Report. Retrieved from: <https://www.aip.org/sites/default/files/statistics/employment/bachinitemp-p-10.pdf>